



# Barlborough Primary School - Pupil Version of our Anti-Bullying Policy - 2016/17



We as the Anti Bullying Ambassadors, pupils and school community are responsible for making our school a safe and happy place. By school community we mean:

- All pupils
- Teachers
- Teaching assistants/ Learning Mentor
- Mid-day supervisors
- The ABAs
- The Head teacher and Deputy
- The governors
- Parents and carers
- Visitors to our school



All of the school community and the Anti-Bullying Ambassadors will work together to:

- Make our school a place where people should feel safe and happy.
- Understand that bullying is taken very seriously and will have consequences.
- Help everyone to get on with each other and to make sure that everyone has the right to be whoever they want to be.

## What is Bullying in our school?

Bullying is when someone or a group of people behaves in a way that hurts someone else on purpose, several times.

We remember this by using the word STOP.

- S = Several
- T = Times
- O = On
- P = Purpose



## Bullying can be...

**Emotional/ Indirection** - Hurting people's feelings by doing things like: leaving you out, threatening you, laughing at you, whispering/ talking about others behind their back

**Physical** - Hurting someone by doing things like: punching, kicking, spitting hitting or pushing you.

**Verbal** - Hurting someone by doing things like: teasing, name calling, saying things about your family or being abusive to you.

**Racist** - Hurting someone by doing things like: calling them racist names, saying things about their background and/or beliefs.

**Cyber** - Hurting someone by doing things like: saying unkind things by text, e-mail, Snapchat, Facebook, twitter, other social media or by posting unkind pictures of others.

There can be other types of bullying that hurt people by being unkind to them because of the relationships they have with their family or other people, because they are a boy or girl, because they have special educational needs or a disability or because of who they live with or where they live.



## What to do if you are bullied

- Ask them to STOP if you can.
- Use eye contact and tell them to leave you alone.
- Ignore them.
- Walk away.
- Talk to a friend.
- Remember, if you are being bullied it is not your fault.
- ALWAYS TELL SOMEONE EVEN IF YOU DO ANY OTHER THINGS AS WELL!

## How can we stop problems turning into bullying?

- Notice small things/ fallings out and help people with this.
- Show respect and care for each other.
- Use the worry box.
- Talk to the learning mentor or ABAs if you are worried/ upset about a falling out/ problem.
- ABAs go to YR and 1 in golden time so they know who we are
- Work on Anti-bullying in PSHE lessons, assemblies, Anti bullying week etc.
- Use the display in the hall



## What should I do if I see someone else is being bullied?

- 1 Don't walk away and ignore the bullying.
- 2 Let the bully know what is happening - make sure you tell them you have seen what they have done and it is not right.
- 3 Tell the bully to stop, if it is safe to do so - keep calm
- 4 Don't stay silent or the bullying will keep happening - TELL SOMEONE!
5. Comfort the person who is upset
6. Speak out for the person who is being bullied if they don't feel they can for themselves



We remember what to do if we are being bullied or if someone else is being bullied, by using the word START:

S = Start

T = Telling

A = And

R = Reporting

T = Trouble



### Who can we tell?

-Friends

-ABAs

-Parents/ Carers

-Teachers

-Head teacher

-Teaching Assistants

-Learning Mentor

-Lunch time staff

-Other adults who work in our school like students

-Child line

Always remember to TELL SOMEONE!



Written by the Anti-Bullying Ambassadors June 2016